

The Camelot Recreation Association and CRA Knights Swim and Dive Team are committed to providing a safe and welcoming environment for all members and guests. To promote safety and comfort for all, we ask individuals to act appropriately at all times when they are in our facility or participating in our programs.

We expect persons using the CRA to behave in a mature and responsible way, and to respect the rights and dignity of others.

Knights Code of Conduct

As a Camelot Recreation Association Knights team athlete, I recognize and agree to the following Code of Conduct at all times while representing the Knights Swim and Dive Team.

While taking part in any Knights function:

- I will not behave in a manner that in the opinion of the coaches or team representative is contrary to normally accepted behavior.
- I will not wear inappropriate attire or present a non-conservative image.
 - As ambassadors for the Sports of Swimming and Diving, Knights members are expected to project a positive role model and a conservative, well-groomed image during all practice sessions and meets.
 - Clean and neat appearance with no torn, frayed, faded, or soiled garments.
 - No garments or items advertising life styles not consistent with accepted behavior (i.e., alcohol, drugs, etc.)
- I will not use angry or vulgar language, including swearing, name-calling or shouting.
- I will not have physical contact with another person in any angry or threatening way.
- I will not use or possess illegal chemicals or alcohol on CRA property or at CRA sponsored programs.
- I will not smoke while underage, and I will not smoke in or outside the CRA. The CRA (and its property) is a smoke-free environment.
- **I WILL**
 - Offer congratulations to my opponents, win or lose, and to cheer my teammates.
 - Act and conduct myself with dignity and with respect for others and the property of others.
 - Dress in a manner suitable to my position as a representative of the Knights.
 - Be humble in victory and courageous in defeat.
 - Always teach and practice good sportsmanship.
 - Be a responsible goodwill ambassador between the sports of swimming and diving and the public.
 - Promote positive high team spirit and morale.
 - Cultivate in myself and encourage in all team members the virtues of patience, courage, justice, and sincerity.
 - Strive to do my best and encourage all team members to do the same.
 - Deal justly, kindly, impartially, and intelligently with all of my fellow team members.

I understand that violating any of these may cause me to be removed from practices or meets and subjects me to dismissal from the team. This Code of Conduct remains in effect as long as I am a member of the CRA Knights Swim and Dive Team.

Conflict Resolution

Ideally, the Knights will function as one big happy family, but, as in any family, from time to time conflicts/differences may arise among members of the Knights, between a member of the Knights and a coach, or between a parent and a coach, and should be resolved in an expeditious and timely manner in order to minimize ill feelings as quickly as possible. If such a conflict is not resolved quickly among the affected parties to the satisfaction of all concerned, a resolution procedure will be implemented as follows as soon as possible after the issue surfaces:

- If the conflict is among members of the Knights, it will be addressed by an Assistant Coach designated by the Head Coach of the affected team.
- If the conflict involves a coach, or is unresolved as directed above, it will be addressed by the Head Coach of the affected team.
- If the conflict involves a Head Coach, or is unresolved as directed above, it will be addressed by the Swim or Dive Team Representative, as appropriate.
- If none of the above succeeds in resolving the issue, it will be referred to the Executive Committee of the RCA Board for resolution.